



Adele Hannigan

Spring 2025

HEARTLAND Beat



#betheheartinheartland

SMALL BUSINESS SPOTLIGHT

Kate's Garden

For 27 years, Kate's Garden has been a blooming gem in Cochrane. Specializing in vibrant hanging baskets, container gardening, and patio-friendly plants, this award-winning garden center is a favourite for locals looking to brighten their spaces. With multiple Reader's Choice awards under their belt—including Best Garden Centre and Best Gift Store—Kate's Garden blends expert advice with small-town charm. Click below to check them out on Facebook to see what's in season!



THE HEART OF HEARTLAND

Welcome to The Heart of the Heartland—a celebration of the vibrant people, places, and stories that make our community truly special. In this series, we're shining a light on the individuals, businesses, and organizations that bring heart to the heartland—those who uplift others, foster connection, and help make this place feel like home. Whether it's through acts of kindness, local initiatives, or simply showing up for their neighbours, these are the folks who remind us what community is all about.

EVENTS

Community Garage Sale

May 31st, 8 am - 3 pm

Explore Heartland's Community Garage Sale Day—a great chance to hunt for treasures, clear out your closets, and connect with your neighbors! Whether you're buying, selling, or just out for a stroll, it's a fun way to spend the day in the community. Want to participate? Join the event and find more details on our Heartland Community Association Facebook page!

Summer Slam

June 21st, Noon - 3 pm

Get ready for a day of family fun at the Heartland Community Association's 3rd Annual Summer Slam! This free carnival-style event takes place at Paint Horse/Appaloosa Park. Enjoy carnival games, bouncy castles, prizes, and delicious eats from local food trucks like Miss Poutine and Wanna Waffle. It's a fantastic way to kick off summer with neighbours and friends.



VOLUNTEER CALLOUT

Looking for some awesome volunteers for our Summer Slam Event! Email us if you can help out at:

membershipheartland@gmail.com